

Therapeutic Play Skills Certificate

Limerick

Starting February 2020

Therapeutic Play Skills is a Level 6 Minor Award (6N4705) offered on a part time, blended learning basis which will equip the learner with the relevant knowledge, skill and competence to plan, deliver and evaluate both group and individual play based interventions. It is an experientially based learning programme with an additional online component. Participants will engage in creative activities that will enhance personal development, develop insight and awareness, and contribute to understanding, and meeting, the needs of all children including those living in adverse circumstances. Directive and non-directive therapeutic approaches will be addressed.

Programme Aims

- Equip participants with skills to plan and deliver, individual and group, developmentally appropriate play interventions with children and young people;
- Enable learners to focus on meeting children's specific needs and facilitate therapeutic interventions in the context of their holistic development using play;
- Enable participants to use play as a therapeutic and developmental medium in a wide range of settings including educational/learning, residential and day care, recreational and hospital;
- Equip the learner with the knowledge, skill and competence to use play and its developmental, educational and therapeutic applications.

This programme is suitable for those who:

- Have a particular interest in the therapeutic powers of play and wish to acquire skills to facilitate children and young people to overcome negative influences and circumstances in their lives.
- Wish to attain a recognized qualification and embark on, or enhance, a professional career in working with children in a range of settings.
- Wish to further their own knowledge and understanding of play and its developmental, educational and therapeutic applications.
- Would like to upskill to enhance employment prospects and/or job satisfaction and promotion opportunities

This award will also be of interest to holders of the Certificate in Early Childhood Care and Education and to others including teachers, therapists, social workers etc whose professional life brings them into regular contact with at-risk children and children in crisis. It is also suitable for a broad range of childcare staff in community based or residential settings.

To access this programme learners should have reached the standards of knowledge, skills and competence associated with level 5 on the National Framework of Qualifications. This may have been achieved through a formal qualification or through relevant life and work experiences.

Cost: €680 (Payment plan options available on request)

Venue: CARI Foundation, Ennis Road, Limerick

Note: This programme runs at a number of locations around Ireland.

Content

Unit 1 – Play, Child Development, and Service Provision

Unit 2 – Plan for and Support Self-directed Play

Unit 3 – Planning and Implementing Play Interventions: Non Directive Play Skills

Unit 4 – Planning and Implementing Play Interventions: Therapeutic Storytelling

Unit 5 – Planning and implementing Play Interventions: Creative Visualization

Unit 6 – Planning and Implementing Play Interventions: Interactive Play

Unit 7 – Planning and Implementing Play Interventions: Therapeutic Use of Puppets

Unit 8 – Planning and Implementing Play Interventions: Medical Play

Unit 9 – Working with Groups for Personal and Social Development

Unit 10 – Professional Practice

On completion of the programme and the attainment of 15 credits the learner will be awarded a Level 6 component certificate in Therapeutic Play Skills. This can be used as a component of the Level 6 Major Award in Early Childhood Care and Education (6M2007) or other suitable awards.

Provisional Dates

This course will run on a series of 3 Tuesday nights (7 – 9.30pm) and weekends (6 days) (10am – 5pm) between February and June 2020

Weekends: Saturday 7th March, Sat & Sun 4th and 5th April, Sat & Sun 9th and 10th May, Sat 23rd May

Tuesdays: 25th Feb, 21st April and 9th June 2020 (Handing in Assignments)

Online: Participants have access to the online component of this course throughout the training.

Applications

Applications are accepted by letter/email giving details of the applicants name, address, email and phone numbers, educational background, current employment, and reasons for wishing to complete the course.

Successful applicants may need to be garda vetted prior to completing practical assignments in an early years, education or healthcare setting. Please indicate if you have already been Garda vetted and if you have access to children in a suitable work (paid or voluntary) setting within which you could complete play sessions.

Email application to ctcsiobhan@gmail.com Phone: 086 1962501

Fees: Payable directly to bank account (details available on payment plan sheet) or post to Children's Therapy Centre, Slievenagorta, Ballymore, Mullingar, Co Westmeath, N91 CC65. Cheques, drafts, PO's payable to Children's Therapy Centre

Local Contact and Facilitators

Cathy O' Donoghue M.I.A.P.T.P, MA Humanistic and Integrative Psychotherapy and Play Therapy, B.Ed is an experienced and accredited psychotherapist with a specialisation in Play Therapy. She has worked as a teacher, trainer, workshop facilitator and psychotherapist in a variety of settings. Cathy joined the therapeutic team of CARI in 2014 where she worked in a systemic manner with children, adolescents, parents and siblings providing specialised child centred psychotherapy and support to families who have been affected by CSA. She also works with children who engage in harmful sexual behaviours. Cathy now works full time in private practice, where she works with children and adolescents presenting with a wide range of issues

including anxiety, emotional regulation difficulties, developmental delays, learning and attentional difficulties, grief, parental separation, bullying and peer difficulties as well as more complex issues such as attachment difficulties and children who have experienced abuse and trauma. Cathy works from an integrative, person centred perspective and endeavours to build strong working relationships with parents/carers using creative approaches to empower parents towards greater awareness and presence in their parenting. Cathy is trained in Filial Therapy and Circle of Security Parent group facilitation. Cathy has also designed and delivered trainings and workshops for parents, teachers and other professionals on the power of play and unconditional positive regard when relating to and working with children. Cathy teaches on our MA Programme.

Majella Ryan M.I.A.C.P is a very experienced child, adolescent and adult psychotherapist and utilises play therapy in her work with children. She has a strong interest in supporting healthy attachments and in how we as therapists use ourselves to form a therapeutic alliance with children and families. She specialises in working creatively with children, adolescents and adults who have experienced trauma. She has worked in a variety of settings including private practice, a family therapy service and in CARI for 20 years, where she held various positions including Head of Therapy and National Clinical Director. Majella is a supervisor for play therapists, creative arts therapists, and child, adolescent, and adult psychotherapists as well as social workers and social care workers. She consults and provides training to organisations who work therapeutically with children and families. She has presented on many topics related to Child Psychotherapy both in Ireland and UK. Majella is course leader on our Diploma in Creative Supervision, teaches on our MA Programme and our QQI Level 6 Therapeutic Play Skills Certificate in Limerick. Majella also facilitates group process at CTC and works as a CTC supervisor.