#### **CTC Intensive Training Workshop**

### Diversification for Play Therapists & Other Suitably Qualified Professionals Series

# Fairytales, Music & Play! Creative approaches for working with children and teenagers.

#### **Edel Lawlor**

Date: Kerry, 19<sup>th</sup> May 2019

Fee: €110

Creative ways to support children and teenagers using fairytales, music and play! This important area will be explored by spending time in nature and through sand, art, storytelling and music.

It is a one day experiential workshop where we will explore fairytales and how we can use them with children. Participants will take a trip down the fairy trail and may even meet a fairy! Potion making, wand making and shields are ways to engage children in using their imagination and exploring metaphors that can be used to channel and encourage coping skills and recovery. Using music alongside these creative interventions can be extremely beneficial. Music such as songs from "The Greatest Showman" can bring many benefits to children and teens we work with daily. Lots of creative activities that can be used with children and teenagers will be explored in a fun and creative way.

#### Facilitator: Edel Lawlor, MA.

Edel is a child and adolescent psychotherapist specialising in play therapy, she also has qualifications in; Sand Tray Therapy, Social Care, Therapeutic Art and Theraplay. Edel has 20 years experience of working therapeutically with children and families from a variety of backgrounds, setting up her own centre, 'Expressive play', in Kilflynn, Co. Kerry in 2005. Edel has supported children and parents through one to one therapy and also group workshops. She has developed several school programmes for children to enhance self esteem and cope with transitions such as secondary transition. Edel also provides training for students and professionals working with children in; Child protection, Therapeutic play skills, The effects of domestic violence on children, Understanding parenting struggles and supporting parents, Parenting on the path of recovery and many more. Alongside these Edel facilitates her own parenting support programme 'Creative parenting'. Edel's work has been acknowledged at local and national level and published in a chapter in 'Parenting in Modern Ireland' in 2015.

### **CTC Booking Form**

Please make additional copies as needed

## Fairytales, Music & Play! Creative approaches for working with children and teenagers.

19th May 2019 (Kerry)

Venue:	Expressive Play, Kilflynn, Tralee, Co Kerry
Times:	10am –4.45pm. Centre open from 9.45am.
•	Please include fee (or invoicing details) of €110, payable to Children's Therapy Centre
Name	
Address	
E-mail	
Profession	
& Place of Employment	
Mobile Phone Number	
Amount of fee enclosed	€ Note: Fee includes tea/coffee break but not lunch (available locally or bring a packed lunch).

If you require an invoice please give full details of whom it is to be sent to:

Nature of payment: Cheque - Postal Order - Bank Draft - Online transfer to bank a/c

Bookings: Return booking form with fee to CTC, Tír Na nÓg, Slievenagorta, Ballymore, Mullingar, Co. Westmeath, or email to <a href="mailto:childrenstherapycentre@gmail.com">childrenstherapycentre@gmail.com</a> and send payment in post. Cheques should be made payable to Children's Therapy Centre.

Cancellations: In the event of any cancellation a booking fee of  $\in$ 50 will be retained. Full fee is non refundable in the event of cancellations within 2 weeks of the event, although substitutions are possible.

Further Details: Siobhan 086 1962501, <a href="mailto:chidrenstherapycentre@gmail.com">chidrenstherapycentre.ie</a> Website: <a href="mailto:www.childrenstherapycentre.ie">www.childrenstherapycentre.ie</a> Facebook Page: <a href="http://on.fb.me/CTC-facebook">http://on.fb.me/CTC-facebook</a>