

Children's Therapy Centre - 2 Day Training Event

TraumaPlaySM: A Flexibly Sequential Play Therapy Model for Treating Traumatized Children

Paris Goodyear-Brown

Learn how to use this playful, components-based, evidence informed treatment with traumatized children and teens. On 16th and 17th June 2019, Paris will share her flexibly sequential model, identifying specific treatment goals with corresponding interventions. TraumaPlaySM views all change through an attachment focused, neurobiologically informed lens. The training will differentiate between trauma treatment goals that are best accomplished through non-directive methods and goals that are best served by integrating parents as partners, and utilizing somatic grounding interventions, cognitive-behavioral play therapy interventions, expressive therapy techniques and playful ways to complete trauma narrative work. Participants will leave with an overarching paradigm for trauma treatment expanded toolkit of interventions and a revived sense of excitement about the process. Come prepared to play!

The workshop includes the following topics:

- * Using a child's safety metaphors to create a safe place for trauma processing
- * Assessing a client's current coping strategies and augmenting the adaptive ones
- * Soothing the child's physiology
- * Ensuring that caregivers are facilitative partners at key phases of treatment
- * Increasing emotional literacy
- * Delivering gradual exposure exercises in a developmentally sensitive way through play
- * Building a coherent trauma narrative that integrates somatosensory information related to the trauma
- * Addressing the child's thought life (dealing with cognitive distortions)
- * Making positive meaning of the post-trauma self

Learning objectives: After the workshop, participants will be able to:

- 1) State at least 3 self-directed ways in which children use the playroom to increase their sense of safety and security
- 2) Describe 4 play-based interventions that decrease a child's physiological arousal
- 3) Explain 4 play therapy techniques that assist clients in challenging and restructuring cognitive distortions
- 4) List four play therapy strategies that augment a child's positive coping repertoire

- 6) Describe four play-based mediums that enrich a client's trauma narrative work
- 7) List four interventions that playfully encourage integration of left and right brain content related to the trauma

Paris Goodyear-Brown, LCSW, RPT-S

Paris Goodyear-Brown, the founder and director of Nurture House, is a Licensed Clinical Social Worker and a Registered Play Therapist-Supervisor with 20 years of experience in treating families in need. While she specializes in treating trauma (sexual abuse, physical abuse, maltreatment and neglect) and attachment disturbances, she often provides help for anxious, angry or depressed children and teens. A child development expert, she frequently provides parent consultation, dyadic assessment and parent coaching to help parents manage and resolve their children's behavior problems. She is an Adjunct Instructor of Psychiatric Mental Health at Vanderbilt University, guest lecturer for several universities in middle Tennessee, and has an international reputation as a dynamic speaker and innovative clinician. She provides play therapy and licensure supervision and consults with various school districts, agencies and mental health organizations to help develop play therapy programs and create more developmentally sensitive programming. With trainings in Morocco, Australia, and Sweden, as well as frequent domestic presentations, she is best known for developing clinically sound, played-based interventions that are used to treat a variety of childhood problems. She has received the APT award for Play Therapy Promotion and Education. She is the author of multiple books, chapters and articles related to child therapy. Her newest books include *Tackling Touchy Subjects*, *the Handbook of Child Sexual Abuse: Identification, Assessment, and Treatment*, *Play Therapy with Traumatized Children: A Prescriptive Approach* and *The Worry Wars: An Anxiety Workbook for Kids and their Helpful Adults*. For the whole of her career, she has carried a vision of a place – a home – in which the space itself would help children and parents feel safe, nurtured and ready to do the deep work of healing. Although it looks like a playhouse – and her child clients call it “the kid's palace” -the fun, highly playful environment helps the hard stuff go down easier.

See Paris's TED Talk, 'Trauma & Play Therapy: Holding Hard Stories' at <https://www.youtube.com/watch?v=SbeS5iezIDA>, and see <http://www.nurturehouse.org/> for details of her Therapy Centre in Tennessee.

Details of our International Play Therapy Conference (Applying Play Therapy concepts across diverse settings) to be held on the 15th June (same venue) will be available shortly. There will be a €40 reduction in conference fee (€90 instead of €130, including lunch) for those booking both events prior to 28th February 2019.

CTC Booking Form

Please make additional copies as needed

TraumaPlaySM: A Flexibly Sequential Play Therapy Model for Treating Traumatized Children

Paris Goodyear-Brown

Venue: **Breffni Suite, Johnstown Estate, Enfield, Co Meath**

Date and Times: **16th & 17th June 2019 9.30am – 5pm each day**

Name

Address

E-mail

Mobile Phone:

Occupation

Special Dietary or other requirements:

Amount of fee enclosed

Nature of payment: Cheque - Postal Order - Bank Draft - Online transfer to bank a/c

Please Select Conference Fee below: Fee includes lunch and tea/coffee breaks.

___ **Early, Early Bird** (Booked and paid in full by 30th November 2018)..... € 285

___ **Early Bird** (Booked and paid in full by 28th February 2019)..... € 305

___ **Standard Fee** € 330

Total Fee: _____ Booking Deposit is €100 although full payment is advised to secure Early Bird rates.

Details of our Conference 'Applying Play Therapy concepts across diverse settings' to be held on the 15th June in the same venue will be available shortly. There will be a €40 reduction in conference fee (€90 instead of €130) for those booking both events prior to the 28th February 2019. Are you are interested in attending this event also: Yes ___ No ___

Accommodation if required (Special Conference Rates):

___ **Bed & Breakfast** for ___ nights:

Single Room (total): Sat night: €169 ___, Sun Night: €139 ___, Special rate for both nights: €278 ___

Double/Twin Room (total): Sat night: €179 ___, Sun Night: €149 ___, Special rate for both nights: €298 ___

Indicate if double or twin _____ required and who you will be sharing with: _____

When deposit is received you will be issued with a detailed Fee Statement. Those sharing rooms will each be invoiced for half the appropriate B&B rate.

Bookings: Return booking form with deposit/fee to CTC, Tír Na nÓg, Slievenagorta, Ballymore, Mullingar, Co. Westmeath, or email to childrenstherapycentre@gmail.com and send payment in post or pay by electronic transfer. Cheques should be made payable to Children's Therapy Centre. **As reference for electronic transfers you need to use 0719 and your initial and surname (e.g. Ref: 0719 J.Doe)**

Bank Account Details:

Name and Address: Permanent TSB, O'Connell Street, Limerick, Ireland

Account Name: Children's Therapy Centre

Account Details: Sort Code: 99 07 23 **Account Number:** 86173408

Swift / BIC code: IPBSIE2D **IBAN –** IE49IPBS99072386173408

Cancellations: In the event of any cancellation a booking fee of €100 will be retained. Full fee is non-refundable in the event of cancellations within 1 month of the event, although substitutions are possible.

Further Details: Siobhán Prendiville 0861962501, Email: childrenstherapycentre@gmail.com,

Website: www.childrenstherapycentre.ie Facebook Page: <http://on.fb.me/CTC-facebook>