

# Children's Therapy Centre - 1 Day Training Event

## 'From messy play to monsters'

### A playful dance through Neuro-Dramatic Play, Embodiment-Projection-Role, and the Theatre of Resilience

**Date:** 11<sup>th</sup> January 2019

**Fee:** €110

*A one day practical workshop on the three strands of 'DNA' that constitute the play experience from conception to 7 years. Throughout dramatic play is the dominant theme, whether verbal or non-verbal. Dramatic play needs to be understood as a powerful drive in child development through which the infant develops empathy, increases their flexibility and becomes resilient to the ups and down of life. We shall follow the continuum from 'mess to form' and from 'chaos to order' as we create havoc and then calm. Be prepared to make a mess and challenge your basic play formalities!*

Dramatic play needs to be understood as a powerful drive in child development from conception to 7 years of age through which the infant develops empathy, increases their flexibility and becomes resilient at coping with the ups and downs of life. Theatre of Resilience (ToR), Neuro-Dramatic-Play (NDP) and Embodiment-Projection-Role (EPR) are like the 'DNA' of dramatic playing which is the core of the attachment process and affects the development of the brain, making an impact on the neural pathways.

Before birth, mothers have a dramatised relationship with their unborn child, talking in a special language and then answering 'as if' they are the infant. This dramatisation continues until after the baby is born, who in turn takes on the role-reversal through imitation, mimicry and echo play.

This experiential workshop includes a PowerPoint presentation and practical experience of 'actions and reactions' in the stages of drama and role development. It includes the 'slime-sticky-slippery' creation play, role-reversal, sensory re-enactment and story. Participants will have notes of new techniques and role observation tools for application in their practice.

#### **The Trainer**

Dr Sue Jennings is Professor of Play (European Dramatherapy Federation), Visiting Professor University of Derby, President Romanian Association of Play Therapy and Dramatherapy. Pioneer of Neuro-Dramatic-Play, a unique paradigm in play development. Sue is a prolific author having published over 40 titles, including her doctoral research on child-rearing with the Temiar tribe of Malaysia. Sue is in the moving to retirement stage of her career (having planned to retire fully in 2017 she has slowed down this process) so few opportunities to train with her are now available.

#### **Suitable for:**

This course is recommended for play therapists, child psychotherapists, creative arts therapists, psychologists, psychotherapists, social workers, occupational therapists, teachers, child-care workers, family support staff, project workers, social workers, foster carers, day-care and early education staff, and others working with children and families. This course also offers an ideal extended introduction for those considering training as Developmental and Therapeutic Play workers, Play Therapists or Child Psychotherapists.

# CTC Booking Form

Please make additional copies as needed

## From messy play to monsters: A playful dance through NDP and EPR

**Dr Sue Jennings**

11<sup>th</sup> January 2019

**Venue:** CTC, Slievenagorta, Ballymore, Co. Westmeath  
**Times:** 10am – 5pm. Centre open from 9.45am.  
**Payment:** Please include fee (or invoicing details) of €110, payable to Children's Therapy Centre

Name

Address

E-mail

Profession

& Place of Employment

Mobile Phone Number

Amount of fee enclosed .

Nature of payment: Cheque - Postal Order - Bank Draft - Online transfer to bank a/c

**If you require an invoice please give full details of whom it is to be sent to:**

Bookings: Return booking form with fee to CTC, Tír Na nÓg, Slievenagorta, Ballymore, Mullingar, Co. Westmeath, or email to [childrenstherapycentre@gmail.com](mailto:childrenstherapycentre@gmail.com) and send payment in post. Cheques should be made payable to Children's Therapy Centre.

Cancellations: In the event of any cancellation a booking fee of €50 will be retained. Full fee is non refundable in the event of cancellations within 2 weeks of the event, although substitutions are possible.

Further Details: Eileen Prendiville 087 6488149, [childrenstherapycentre@gmail.com](mailto:childrenstherapycentre@gmail.com), [www.childrenstherapycentre.ie](http://www.childrenstherapycentre.ie)

Website: [www.childrenstherapycentre.ie](http://www.childrenstherapycentre.ie) Facebook Page: <http://on.fb.me/CTC-facebook>