

Children's Therapy Centre - 1 Day Training Event

Storymaking and Storytelling in Trauma Therapy: Telling for Survival

Professor Mooli Lahad Ph.D., Ph.D.

Date: 11th March 2019

Fee: €110

This fascinating and engaging training by Dr Mooli Lahad will focus on the inherent need to tell stories and the use of storymaking and storytelling in trauma therapy – the need to tell in order to survive. Participants will learn how to weave a story the client needs to hear now and the use of therapeutic stories with traumatized clients. This method is based both on the art of storytelling and the method of Milton Erickson MD.

In his most recent book 'The Lonely Ape that told himself stories. The necessity of stories for human survival' (2017), Dr Lahad explores this use of stories as a necessary component in recovering from trauma.

Topics that will be addressed include:

- The need for stories, the need for meaning
- The Erickson method of Pacing & Leading
- Setting the stage for a story
- Therapeutic questions
- Identifying the inner need or inner desire in the story.
- Weaving suggestions

Learning outcomes:

At the end of the training participants will be able to create a joint story with the very shy, reluctant, depressed, withdrawn or traumatized client using the art of storymaking to move from passivity to a first step of interaction.

Who can join us?

Suitable for psychotherapists, play therapists, counsellors, expressive arts therapists, psychologists and other professionals who may have varied experience in a broad range of settings including CAMHS, palliative care, community care, mental health, residential and/or day care, group facilitation, education and caring for the elderly.

The Trainer: Prof. Mooli Lahad Ph.D., Ph.D.

Senior medical and education psychologist, full professor of Psychology & Dramatherapy at Tel Hai College Israel, Moolil has two PhDs. He is founder and president of the Community Stress Prevention Center (CSPC) and Founder of Dramatherapy in Israel, an one of the world leading experts on the integration of the arts form therapies and psychotrauma /coping with disasters. He is the author and co author of 35 books and many articles on the topics of the use of Creative therapies in post trauma and grief , Communities under Stress, Coping with Life Threatening Situations.

He developed many models and methods in dramatherapy, bibliotherapy and psychotrauma including: The Basic Ph integrative model of coping and resilience, See Far CBT for the treatment of psychotrauma and the 6PSM.

Dr Lahad is the recipient of many professional awards including: The Israeli Psychology Association - Bonner Award, The Adler Institute for the Welfare of the Child Award- Tel Aviv University, the Israeli Lottery Prize, the Israeli Association of Arts Therapies life-time membership for pioneering Dramatherapy in Israel, and in 2017 the WHO and Wizo International award for his international Humanitarian work.

Reading suggestion:

Lahad, M. (2017) *The Lonely Ape that told himself stories. The necessity of stories for human survival*. NY: Nova Science publishers. (I describe this method in chapters 7+8.)

Rosen, S. (1991) *My Voice Will Go with You: The Teaching Tales of Milton H. Erickson*. NY: Norton Company.

CTC Booking Form

Please make additional copies as needed

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11th March 2019

Venue: Dublin venue to be confirmed.
Times: 10am – 5pm. Centre open from 9.45am.
Payment: Please include fee (or invoicing details) of €110, payable to Children's Therapy Centre

Name

Address

E-mail

Profession

& Place of Employment

Mobile Phone Number

Amount of fee enclosed .

Nature of payment: Cheque - Postal Order - Bank Draft - Online transfer to bank a/c

If you require an invoice please give full details of whom it is to be sent to:

Bookings: Return booking form with fee to CTC, Tír Na nÓg, Slievenagorta, Ballymore, Mullingar, Co. Westmeath, or email to childrenstherapycentre@gmail.com and send payment in post. Cheques should be made payable to Children's Therapy Centre.

Cancellations: In the event of any cancellation a booking fee of €50 will be retained. Full fee is non refundable in the event of cancellations within 2 weeks of the event, although substitutions are possible.

Further Details: Eileen Prendiville 087 6488149, childrenstherapycentre@gmail.com, www.childrenstherapycentre.ie
Website: www.childrenstherapycentre.ie **Facebook Page:** <http://on.fb.me/CTC-facebook>