

**CTC Intensive Training Workshop**  
**Understanding Childhood Trauma &**  
**Promoting Emotional Well-Being Through Play**

**Edel Lawlor**

**Dates: 17<sup>th</sup> November , Limerick**

**Fee: €110**

This workshop is part of a series of training events which support this diversification of practice by play therapists and other suitably qualified professionals, including teachers, psychotherapists, social workers, psychologists, early years teachers, family support workers and project workers.

This experiential training focuses on understanding childhood trauma and promoting emotional well - being through play. Edel feels very strongly about the importance of play, she has a love of puppetry, clay, and fairies and loves to share the healing that such play brings to all. This important topic is critical for all those working with children and teenagers. The impact of childhood trauma is enormous. This workshop will provide participants with a deeper understanding of childhood trauma and look at play based interventions and techniques that can be used with children and teenagers who have experienced childhood trauma. This workshop will explore the world of healing through play. Emotional literacy and social relationships through play will also be explored.

**Edel Lawlor** is a child and adolescent psychotherapist specialising in play therapy, she also has qualifications in; Sand Tray Therapy, Social Care, Therapeutic Art and Theraplay. Edel has 20 years experience of working therapeutically with children and families from a variety of backgrounds, setting up her own centre, 'Expressive play', in Kilflynn, Co. Kerry in 2005. Edel has supported children and parents through one to one therapy and also group workshops. She has developed several school programmes for children to enhance self-esteem and cope with transitions such as secondary transition. Edel also provides training for students and professionals working with children in; Child protection, Therapeutic play skills, The effects of domestic violence on children, Understanding parenting struggles and supporting parents, Parenting on the path of recovery and many more. Alongside these Edel facilitates her own parenting support programme 'Creative parenting'. Edel's work has been acknowledged at local and national level and published in a chapter in 'Parenting in Modern Ireland' in 2015.

# CTC Booking Form

Please make additional copies as needed

## Understanding Childhood Trauma & Promoting Emotional Well-Being through Play

17<sup>th</sup> November 2018 (Limerick)

**Venue:** CARI Foundation, Ennis Road, Limerick  
**Times:** 10am – 4.45pm. Centre open from 9.45am.  
**Payment:** Please include fee (or invoicing details) of €110, payable to Children's Therapy Centre

Name

Address

E-mail

Profession

& Place of Employment

Mobile Phone Number

Amount of fee enclosed €            Note: Fee includes tea/coffee break but not lunch  
(available locally or bring a packed lunch).

Nature of payment: Cheque - Postal Order - Bank Draft - Online transfer to bank a/c

**If you require an invoice please give full details of whom it is to be sent to:**

Bookings: Return booking form with fee to CTC, Tír Na nÓg, Slievenagorta, Ballymore, Mullingar, Co. Westmeath, or email to [childrenstherapycentre@gmail.com](mailto:childrenstherapycentre@gmail.com) and send payment in post. Cheques should be made payable to Children's Therapy Centre.

Cancellations: In the event of any cancellation a booking fee of €50 will be retained. Full fee is non refundable in the event of cancellations within 2 weeks of the event, although substitutions are possible.

Further Details: Siobhan Prendiville 0861962501, [childrenstherapycentre@gmail.com](mailto:childrenstherapycentre@gmail.com), [www.childrenstherapycentre.ie](http://www.childrenstherapycentre.ie)  
Website: [www.childrenstherapycentre.ie](http://www.childrenstherapycentre.ie) Facebook Page: <http://on.fb.me/CTC-facebook>