

CTC Intensive Training Workshop

Diversification for Play Therapists Series

Facilitating parenting support through group workshops/programmes

Creative Interventions, Metaphors and Symbols

Edel Lawlor

Date: 24th February 2018

Fee: €110

Facilitating parenting support through group workshops/programmes - an experiential workshop. This day will provide rich learning in a fun, interactive way and will enhance skills and confidence for those in attendance.

- Nurturing parents
- Linking Dr Bruce Perry's six R's in parenting support
- Facilitating parents from different backgrounds and delivering interventions/programmes to suit their needs
- Understanding parenting struggles
- Using metaphorical work and symbols in parenting support
- Using creative interventions in supporting parents
- Setting up your own parenting workshop and parenting programmes
- Recognising our own experiences in the stories of those we work with and how to explore this through supervision/therapy
- How to set up a nurturing space for parents
- Self-care and mindfulness
- Reflection and close

Facilitator: Edel Lawlor

Edel is a child and adolescent psychotherapist specialising in play therapy, she also has qualifications in; Sand Tray Therapy, Social Care, Therapeutic Art and Theraplay. Edel has 20 years experience of working therapeutically with children and families from a variety of backgrounds, setting up her own centre, 'Expressive play', in Kilflynn, Co. Kerry in 2005. Edel has supported children and parents through one to one therapy and also group workshops. She has developed several school programmes for children to enhance self esteem and cope with transitions such as secondary transition. Edel also provides training for students and professionals working with children in; Child protection, Therapeutic play skills, The effects of domestic violence on children, Understanding parenting struggles and supporting parents, Parenting on the path of recovery and many more. Alongside these Edel facilitates her own parenting support programme 'Creative parenting'. Edel's work has been acknowledged at local and national level and published in a chapter in 'Parenting in Modern Ireland' in 2015.

CTC Booking Form

Please make additional copies as needed

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Dat: 24th February 2018
Venue: CARI Foundation, Ennis Road, Limerick
Times: 10am - 4.45pm. Centre open from 9.45am.
Payment: Please include fee (or invoicing details) of €110, payable to Children's Therapy Centre

Name

Address

E-mail

Profession

& Place of

Mobile Phone Number

Amount of fee € Note: Fee includes tea/coffee break but not lunch
enclosed (available locally or bring a packed lunch).
Cheque - Postal Order - Bank Draft - Online transfer to bank a/c

If you require an invoice please give full details of whom it is to be sent to:

Bookings: Return booking form with fee to CTC, Tír Na nÓg, Slievenagorta, Ballymore, Mullingar, Co. Westmeath, or email to childrenstherapycentre@gmail.com and send payment in post. Cheques should be made payable to Children's Therapy Centre.

Cancellations: In the event of any cancellation a booking fee of €50 will be retained. Full fee is non refundable in the event of cancellations within 2 weeks of the event, although substitutions are possible.

Further Details: Eileen Prendiville 087 6488149, childrenstherapycentre@gmail.com, www.childrenstherapycentre.ie
Website: www.childrenstherapycentre.ie Facebook Page: <http://on.fb.me/CTC-facebook>