

Play Therapy Techniques

Developmentally Appropriate Psychotherapeutic Work with Young Children

Date: 16th November 2018

Fee: €110

This experiential day will introduce participants to play, its therapeutic powers, and a variety of techniques used by play therapists and therapeutic play workers. It is an introduction and skill building session that will introduce the therapeutic powers of play and a range of therapeutic play techniques. Participants will develop skills which can be used to enhance relationships with children with whom they have contact in their personal and/or professional life. There will be lots of play and experiential learning built into the day – take home skills galore! It is an ideal introduction to the field and will aid decision-making in regard to possible subsequent training in the field.

Play Therapy Techniques - Demonstrations, practice and feedback

- Introduction to play
- The therapeutic powers of play
- Therapeutic play materials
- Attending and responding to children
- Therapeutic play techniques for improving children's self-esteem and self-confidence
- Therapeutic play techniques for reducing children's anxieties
- Therapeutic play techniques for improving children's emotional understanding
- Therapeutic play techniques to foster children's holistic development

Learning Outcome: Participants will have developed specific therapeutic play skills and an awareness of:

- The therapeutic powers of play
- Play Therapy Techniques for improving children's self-esteem and self-confidence
- Play Therapy Techniques for reducing children's anxieties
- Play Therapy Techniques for improving children's emotional understanding
- And an increased ability to foster children's holistic development

APT Approved Provider 11-294

5.5 Play Therapy Credit Hours (Note: Play therapy credit will not be awarded to non-mental health professionals.)

Siobhán Prendiville, BEd, PG Ed., MEd., MA Psychotherapy and Play Therapy, is a teacher, child psychotherapist, and play therapist who specializes in the use of play in education and in therapy. She teaches widely in a number of institutions in Ireland and has been involved in training teachers in pilot programmes to influence the teaching methodologies utilized. Siobhan maintains a private play therapy practice. She has chapters in *The Therapeutic Powers of Play: 20 Core Agents of Change*, *Play Therapy Today: Contemporary Practice with Individuals, Groups and Carers*, and *Creative Psychotherapy: Applying the principles of neurodevelopment to play and expressive arts-based practice*.

CTC Booking Form

Please make additional copies as needed

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Date : 16th November 2018
Venue: IAHIP, 40 Northumberland Ave, Dunlaoighre, Co Dublin
Times: 10am – 4.45pm. Centre open from 9.45am.
Payment: Please include fee (or invoicing details) of €110, payable to Children's Therapy Centre

Name

Address

E-mail

Profession

& Place of

Mobile Phone Number

Amount of fee Note: Fee includes tea/coffee break but not lunch.

enclosed

Cheque - Postal Order - Bank Draft - Online transfer to bank a/c

If you require an invoice please give full details of whom it is to be sent to:

Bookings: Return booking form with fee to CTC, Tír Na nÓg, Slievenagorta, Ballymore, Mullingar, Co. Westmeath, or email to childrenstherapycentre@gmail.com and send payment in post. Cheques should be made payable to Children's Therapy Centre.

Cancellations: In the event of any cancellation a booking fee of €50 will be retained. Full fee is non refundable in the event of cancellations within 2 weeks of the event, although substitutions are possible.

Further Details: Eileen Prendiville 087 6488149, childrenstherapycentre@gmail.com, www.childrenstherapycentre.ie

Website: www.childrenstherapycentre.ie Facebook Page: <http://on.fb.me/CTC-facebook>