

Play Therapy Techniques

Developmentally Appropriate Psychotherapeutic Work with Young Children

Date: 23rd November 2018

Fee: €110

This experiential day will introduce participants to play, its therapeutic powers, and a variety of techniques used by play therapists and therapeutic play workers. It is an introduction and skill building session that will introduce the therapeutic powers of play and a range of therapeutic play techniques. Participants will develop skills which can be used to enhance relationships with children with whom they have contact in their personal and/or professional life. There will be lots of play and experiential learning built into the day – take home skills galore! It is an ideal introduction to the field and will aid decision-making in regard to possible subsequent training in the field.

Play Therapy Techniques - Demonstrations, practice and feedback

- Introduction to play
- The therapeutic powers of play
- Therapeutic play materials
- Attending and responding to children
- Therapeutic play techniques for improving children's self-esteem and self-confidence
- Therapeutic play techniques for reducing children's anxieties
- Therapeutic play techniques for improving children's emotional understanding
- Therapeutic play techniques to foster children's holistic development

Learning Outcome: Participants will have developed specific therapeutic play skills and an awareness of:

- The therapeutic powers of play
- Play Therapy Techniques for improving children's self-esteem and self-confidence
- Play Therapy Techniques for reducing children's anxieties
- Play Therapy Techniques for improving children's emotional understanding
- And an increased ability to foster children's holistic development

APT Approved Provider 11-294

5.5 Play Therapy Credit Hours (Note: Play therapy credit will not be awarded to non-mental health professionals.)

Anne Brennan MA, SIAHIP, SIAPTP, is an experienced play therapist, psychotherapist and lecturer who has 24 years' experience working in counselling & psychotherapy, 11 of those with children and adolescents. Her background is in teaching including L5 & L6 childcare modules and in training play therapists, counsellors and psychotherapists. She works with puppetry, role play, creative play, creative arts and sand and incorporates these appropriate elements of these into all her work.

CTC Booking Form

Please make additional copies as needed

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Date : 23rd November 2018
Venue: 8 Cumberland Street, Dunlaoighre, Co Dublin
Times: 10am – 4.45pm. Centre open from 9.45am.
Payment: Please include fee (or invoicing details) of €110, payable to Children's Therapy Centre

Name

Address

E-mail

Profession

& Place of Employment

Mobile Phone Number

Amount of fee enclosed Note: Fee includes tea/coffee break but not lunch.

Nature of payment: Cheque - Postal Order - Bank Draft - Online transfer to bank a/c
(email for a fee statement to include account details).

If you require an invoice please give full details of whom it is to be sent to:

Bookings: Return booking form with fee to CTC, Tír Na nÓg, Slievenagorta, Ballymore, Mullingar, Co. Westmeath, or email to childrenstherapycentre@gmail.com and send payment in post. Cheques should be made payable to Children's Therapy Centre.

Cancellations: In the event of any cancellation a booking fee of €50 will be retained. Full fee is non refundable in the event of cancellations within 2 weeks of the event, although substitutions are possible.

Further Details: Siobhan Prendiville 086 1962501, childrenstherapycentre@gmail.com

Website: www.childrenstherapycentre.ie **Facebook Page:** <http://on.fb.me/CTC-facebook>