

Play Therapy Techniques

Developmentally Appropriate Psychotherapeutic Work with Young Children

Date: 9th March 2019

Fee: €110

This experiential day will introduce participants to play, its therapeutic powers, and a variety of techniques used by play therapists and therapeutic play workers. It is an introduction and skill building session that will introduce the therapeutic powers of play and a range of therapeutic play techniques. Participants will develop skills which can be used to enhance relationships with children with whom they have contact in their personal and/or professional life. There will be lots of play and experiential learning built into the day – take home skills galore! It is an ideal introduction to the field and will aid decision-making in regard to possible subsequent training in the field.

Play Therapy Techniques - Demonstrations, practice and feedback

- Introduction to play
- The therapeutic powers of play
- Therapeutic play materials
- Attending and responding to children
- Therapeutic play techniques for improving children's self-esteem and self-confidence
- Therapeutic play techniques for reducing children's anxieties
- Therapeutic play techniques for improving children's emotional understanding
- Therapeutic play techniques to foster children's holistic development

Learning Outcome: Participants will have developed specific therapeutic play skills and an awareness of:

- The therapeutic powers of play
- Play Therapy Techniques for improving children's self-esteem and self-confidence
- Play Therapy Techniques for reducing children's anxieties
- Play Therapy Techniques for improving children's emotional understanding
- And an increased ability to foster children's holistic development

APT Approved Provider 11-294

5.5 Play Therapy Credit Hours (Note: Play therapy credit will not be awarded to non-mental health professionals.)

Course Facilitator

Laura Coleman is a humanistic and integrative psychotherapist and play therapist working from an adolescent and child centred perspective. She is also involved in the training and supervision of youth workers, play therapists, and psychotherapists. She maintains a private psychotherapy and supervision practice and specializes in palliative care therapy services, play therapy, group work with adolescents, and with groups dealing with bereavement issues.

CTC Booking Form

Please make additional copies as needed

Play Therapy Techniques

Date : 9th March 2019

Venue: Mayo Adult & Child Therapy Centre, Lower James Street, Claremorris, Co Mayo

Times: 10am – 4.45pm. Centre open from 9.45am.

Payment: Please include fee (or invoicing details) of €110, payable to Children's Therapy Centre

Name

Address

E-mail

Profession

& Place of Employment

Mobile Phone Number

Amount of fee enclosed Note: Fee includes tea/coffee break but not lunch.

Nature of payment: Cheque - Postal Order - Bank Draft - Online transfer to bank a/c

If you require an invoice please give full details of whom it is to be sent to:

Bookings: Return booking form with fee to CTC, Tír Na nÓg, Slievenagorta, Ballymore, Mullingar, Co. Westmeath, or email to childrenstherapycentre@gmail.com and send payment in post. Cheques should be made payable to Children's Therapy Centre.

Cancellations: In the event of any cancellation a booking fee of €50 will be retained. Full fee is non refundable in the event of cancellations within 2 weeks of the event, although substitutions are possible.

Further Details: Eileen Prendiville 087 6488149, childrenstherapycentre@gmail.com, www.childrenstherapycentre.ie
Website: www.childrenstherapycentre.ie **Facebook Page:** <http://on.fb.me/CTC-facebook>