

An Introduction to Humanistic Play Therapy

Developmentally Appropriate Psychotherapeutic Work with Young Children

Date: Spring 2019, Limerick

Fee: €110

This experiential day will introduce participants to non-directive play therapy skills and practice. It is not designed to qualify participants to engage in this work with clients – it is an introduction and skill building session that will introduce the theory and practice of play therapy. However, participants will develop skills which can be used to enhance relationships with children with whom they have contact in their personal and/or professional life. Participants will also experience the power of play in a very personal way. It is an ideal introduction to the field and will aid decision making in regard to possible subsequent training in the field.

Non Directive Play Skills - Demonstrations, practice and feedback

- Selecting and equipping play spaces for non-directive play
- Appropriate play materials
- Developing a relationship of trust with the player
- Providing structure
- Attending and responding to play
- Tracking and reflecting skills
- Reflecting content and feelings
- Non-verbal messages
 - Child's level
 - Facial expression and body language
- Verbal messages
 - Tone
 - Pitch
 - Developmental considerations
- Esteem building responses
- Recognising efforts and achievements

Learning Outcome: Participants will have developed:

- An awareness of the principles of non directive play therapy
- Non-directive therapeutic skills
- An increased ability to assist children in developing their capacity for self regulation and decision making within the context of a safe, ethical relationship

Siobhán Prendiville, BEd, PG Ed., MEd., MA Psychotherapy and Play Therapy, is a teacher, child psychotherapist, and play therapist who specializes in the use of play in education and in therapy. She teaches widely in a number of institutions in Ireland and has been involved in training teachers in pilot programmes to influence the teaching methodologies utilized. Siobhan maintains a private play therapy practice. She has chapters in *The Therapeutic Powers of Play: 20 Core Agents of Change*, *Play Therapy Today: Contemporary Practice with Individuals, Groups and Carers*, and *Creative Psychotherapy: Applying the principles of neurodevelopment to play and expressive arts-based practice*.

CTC Booking Form

Please make additional copies as needed

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Dates: Date not yet set but will be in Spring 2019
Venues: CARI Foundation, Ennis Road, Limerick
Times: 10am – 4.45pm. Centre open from 9.45am.
Payment: Please include fee (or invoicing details) of €110, payable to Children's Therapy Centre

Name

Address

E-mail

Profession

& Place of Employment

Mobile Phone Number

Amount of fee enclosed Note: Fee includes tea/coffee break but not lunch.

Nature of payment: Cheque - Postal Order - Bank Draft - Online transfer to bank a/c

If you require an invoice please give full details of whom it is to be sent to:

Bookings: Return booking form with fee to CTC, Tír Na nÓg, Slievenagorta, Ballymore, Mullingar, Co. Westmeath, or email to childrenstherapycentre@gmail.com and send payment in post. Cheques should be made payable to Children's Therapy Centre.

Cancellations: In the event of any cancellation a booking fee of €50 will be retained. Full fee is non refundable in the event of cancellations within 2 weeks of the event, although substitutions are possible.

Further Details: Eileen Prendiville 087 6488149, childrenstherapycentre@gmail.com, www.childrenstherapycentre.ie
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